

## Morning Prayer for Ordinary Time



### Introduction

+ O God, come to our aid.  
*O Lord, make haste to help us.*  
Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

### Hymn

1 New every morning is the love  
our waking and uprising prove;  
through sleep and darkness safely brought,  
restored to life and power and thought.

2 New mercies, each returning day,  
hover around us while we pray;  
new perils past, new sins forgiven,  
new thoughts of God, new hopes of heaven.

3 If on our daily course our mind  
be set to hallow all we find,  
new treasures still, of countless price,  
God will provide for sacrifice.

4 The trivial round, the common task,  
will furnish all we need to ask,  
room to deny ourselves, a road  
to bring us daily nearer God.

5 Only, O Lord, in thy dear love  
fit us for perfect rest above;  
and help us, this and every day,  
to live more nearly as we pray.

## Psalm

## Psalm 95

Come, ring out our joy to the Lord;  
hail the God who saves us.

Let us come before him, giving thanks,  
with songs let us hail the Lord.

A mighty God is the Lord,  
a great king above all gods.

In his hand are the depths of the earth;  
the heights of the mountains are his.

To him belongs the sea, for he made it  
and the dry land shaped by his hands.

Come in; let us bow and bend low;  
let us kneel before the God who made us:

for he is our God and we  
the people who belong to his pasture,  
the flock that is led by his hand.

O that today you would listen to his voice!  
'Harden not your hearts as at Meribah,  
as on that day at Massah in the desert  
when your fathers put me to the test;  
when they tried me, though they saw my work.

For forty years I was wearied of these people  
and I said: "Their hearts are astray,  
these people do not know my ways."

Then I took an oath in my anger:  
"Never shall they enter my rest."

Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen.

### Short Responsory

I will praise the Lord at all times.

– *I will praise the Lord at all times.*

His praise will be always on my lips.

– *I will praise the Lord at all times.*

Glory be to the Father and to the Son and to the Holy Spirit.

– *I will praise the Lord at all times*

## Short Reading

**Romans 8:35,37**

Nothing can come between us and the love of Christ, even if we are troubled or worried, or being persecuted, or lacking food or clothes, or being threatened or even attacked. These are the trials through which we triumph, by the power of him who loved us.

## Canticle

**Benedictus**

Blessed be the Lord, the God of Israel!  
He has visited his people and redeemed them.  
He has raised up for us a mighty saviour  
in the house of David his servant,  
as he promised by the lips of holy men,  
those who were his prophets from of old.  
A saviour who would free us from our foes,  
from the hands of all who hate us.  
So his love for our fathers is fulfilled  
and his holy covenant remembered.  
He swore to Abraham our father to grant us,  
that free from fear, and saved from the hands of our foes,  
we might serve him in holiness and justice  
all the days of our life in his presence.  
As for you, little child,  
you shall be called a prophet of God, the Most High.  
You shall go ahead of the Lord  
to prepare his ways before him,  
To make known to his people their salvation  
through forgiveness of all their sins,  
the loving-kindness of the heart of our God  
who visits us like the dawn from on high.  
He will give light to those in darkness,  
those who dwell in the shadow of death,  
and guide us into the way of peace.  
Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

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## Prayers and intercessions

Father in heaven, thank you for keeping me safe last night; and for giving me this new day in which I can glorify you by showing your love to all I meet, and in serving you to the best of my ability, at home, at work, at rest and in prayer; through Jesus Christ our

Lord and in the unity of the Holy Spirit. Amen

Pray in your own words for those in need and yourself, or keep a moment of silence.

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Our Father, who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil. For thine is  
the kingdom, the power and the glory for ever and ever. Amen

- The grace of our Lord Jesus Christ, the Love of God and the fellowship of the Holy Spirit be with us all evermore, Amen

